

# ~ CRYSTAL SOUL AWAKENING ~

TUNE UP YOUR CHAKRA ENERGY FIELDS ~ UPLIFT YOUR HEART, MIND AND SPIRIT



FRIDAY, MAR 15, 2013 ~ 7:00 pm - 9:30 pm ~ LOVE OFFERING

SAN DIEGO CENTER FOR SPIRITUAL LIVING  
1430 SEVENTH AVENUE, SUITE C

[ 7<sup>TH</sup> & ASH, INSIDE THE HOLIDAY EXPRESS INN,  
DIRECTLY ACROSS FROM THE EL CORTEZ HOTEL ]

SIGN-UP SHEET IN OUR BOOKSTORE OR  
RSVP @ SDCSL OFFICE # 619-491-3087  
OR SYLVIA'S DIRECT # 619-244-2337 OR  
Email Sylvia: [sylviasong@aol.com](mailto:sylviasong@aol.com)

JOIN ME FOR A TRANSFORMATIONAL EVENING WHERE YOU CAN:

- ☀ COMPLETELY RELAX IN A SAFE, LOVING SPACE
- ☀ RECONNECT WITH YOUR HIGHER SELF
- ☀ ENHANCE YOUR INNER PEACE
- ☀ RESET YOUR EMOTIONAL BALANCE
- ☀ RELEASE WHAT NO LONGER SERVES YOU
- ☀ EMBRACE AND DEEPEN YOUR SENSE OF WELL-BEING

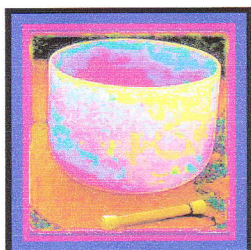


LED BY HEALING ENERGY ARTIST

**SYLVIA ISELY-AGUILERA, RScP**

♥♥ You may choose to sit upon our chairs OR Bring your Yoga Mat, Pillow, Blankets to sit or lie down in comfort on carpeted floor. ♥♥

Light snacks offered during break time.  
**NOTE:** Bottled Water allowed in Sanctuary but No Beverages in Open Cups, please.  
Thank You! 🎵



featuring Musical Artists: **Jack Nalbandian ~ Siri Rai ~ Rev. John Poleski**



Crystal & Tibetan Singing Bowls, Chanting,  
Holographic Sound Meditation & Group Drumming



**AN** ASSORTMENT OF PERCUSSION INSTRUMENTS WILL BE ON HAND FOR YOU TO PLAY,  
**AND** YOU ARE WELCOME TO **BRING YOUR OWN** DRUM & PERCUSSION INSTRUMENTS.